

# Curriculum Vitae

Dr Suki Ahluwalia

MB BS (Lond) BSc (Hons)

MRCS (Eng) ; MRCS (Ed)

DOHNS

MSc ; DIC

FRCS (ORL-HNS)

FRACS

Consultant Otolaryngologist / Head & Neck Surgeon,  
Cairns Hospital  
Queensland, Australia

Senior Lecturer  
James Cook University Australia

and,

Past President of  
The Association of Otolaryngologists in Training

January 2016

## **Education, Qualifications and Prizes**

The Lindsey School Cleethorpes, NE Lincolnshire	1984 - 1991	4 A Level, 1 AS, 11 GCSE, 1 O Level
University College London Medical School	1991 - 1997	1994 BSc (Hons) Psychology 1997 MB BS (Lond)
Royal College of Surgeons of Edinburgh		2003 MRCS (Ed)
Royal College of Surgeons of England		2003 MRCS (Eng)
Royal College of Surgeons of England		2003 DOHNS
Imperial College London		2005 MSc Surgical Science
Imperial College London		2005 Diploma of Imperial College
St Barts Temporal Bone Dissection Prize		2010
Royal College of Surgeons of England		2010 FRCS (ORL-HNS)
Lionel Colledge Fellowship Award Prize		2012
Nan Blofeld Fellowship Award Prize		2012
Royal Australasian College of Surgeons		2016 FRACS

## **Current Post**

Cairns Hospital, Queensland, Australia <b>Consultant Otolaryngologist / Head &amp; Neck Surgeon</b> James Cook University - Senior Lecturer	Jan 2015 -
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## **Previous Posts**

The Townsville Hospital, Queensland, Australia <b>Consultant Otolaryngologist / Head &amp; Neck Surgeon</b> James Cook University - Senior Lecturer	Jul 2013 - Dec 2014
The Princess Alexandra Hospital, Brisbane, Queensland, Australia <b>Head &amp; Neck / Otolaryngology Fellowship</b> University of Queensland - Associate University Lecturer Dr Whitfield, Prof Perry, Prof Panizza, Dr Coman, Dr Wallwork, Dr Gundelach	Jul 2012 - Jul 2013
Royal National Throat Nose and Ear Hospital Specialist Registrar Year 6 <b>Facial Plastic Surgery, Rhinology, Sinus Surgery, Facial reanimation</b> Mr Andrews	Oct 2011 - Jul 2012

Royal National Throat Nose and Ear Hospital Specialist Registrar Year 5 <b>Facial Plastic Surgery, Rhinology, Sinus Surgery</b> Mr East, Prof Lund, Mr Andrews	Oct 2010 - Oct 2011
University College London Hospital Specialist Registrar Year 4 <b>Head &amp; Neck Oncology Surgery</b> Mr Vaz, Mr O'Flynn	Oct 2009 - Oct 2010
Great Ormond Street Hospital Specialist Registrar Year 3 <b>Specialist Paediatrics, Paediatric Airway, Cochlear Implantation</b> Mr Bailey, Mr Albert, Mr Hartley, Miss Wyatt, Miss Cochrane	Apr 2009 - Oct 2009
Royal National Throat Nose and Ear Hospital Specialist Registrar Year 3 <b>Cochlear Implantation, Neuro-Otology, Adult Airway, Voice, Rhinology</b> Prof Saeed, Prof Birchall, Mr Ghufloor, Mr Andrews, Mr Lavy	Oct 2008 - Apr 2009
Whipps Cross University Hospital, London Specialist Registrar Year 2 <b>Head &amp; Neck Oncology, Rhinology, Otology, Balance, Laryngology, Voice</b> Mr Kenyon, Mr Papesch, Mr Bhattacharyya, Mr Jayaraj, Mr Dilkes, Mr Patel	Oct 2007 - Oct 2008
St Bartholomew's and The Royal London Hospitals Specialist Registrar Year 1 <b>Facial Reconstruction, Rhinology, Otology, Skull Base, Voice</b> Mr Wareing, Mr Paun, Mr Eynon-Lewis, Mr Dilkes, Mr Keene, Mr Alusi, Mr Ghufloor	Oct 2006 - Oct 2007
Royal Free Hospital, London LAT Specialist Registrar <b>Rhinology, Facial Plastic, Benign Head &amp; Neck, Paediatric Surgery</b> Mrs Brookes, Mr Quiney, Mrs Caulfield, Mr Radcliffe, Mr Stearns, Mr O'Flynn	Oct 2005 - Oct 2006
Imperial College London MSc Research Fellow <b>Rhinology &amp; Surgical Science</b> Dept of Aeronautical Science & Medical Engineering Mr Tolley, Dr Doorly, Prof Schroter	Aug 2004 - Aug 2005
St Mary's Hospital, London SHO <b>Ear Nose &amp; Throat</b> Mr Tolley, Prof Narula, Mr Parikh, Mr Abramovich, Mr Patel	Aug 2003 - Aug 2004
The Lister Hospital, Stevenage SHO <b>Ear Nose &amp; Throat</b> Mr Mochloulis, Mr Quinn, Mr Frosh	Feb 2003 - Aug 2003
National Hospital for Neurology & Neurosurgery SHO Neurosurgery Prof Crockard, Prof Cheesman, Mr Casey, Mr Kitchen, Miss Grieve	Aug 2002 - Feb 2003
Royal Free Hospital, London SHO <b>Ear Nose &amp; Throat</b> Mr Quiney, Mrs Caulfield, Mr Radcliffe, Mr Stearns	Feb 2002 - Aug 2002

Royal National Throat Nose & Ear Hospital  
SHO **Ear Nose & Throat**  
Prof Cheesman, Mr Croft, Miss Badia

Aug 2001 - Feb 2002

Chase Farm Hospital, London  
Basic Surgical Training Rotation

Aug 1998 - Aug 2001

SHO A&E/Trauma & Orthopaedics/**Ear Nose & Throat**/General Surgery/Urology  
Mr Mikhail, Mr Hinchley/Mr Grace, Mr Archibald/Mr Habashi, Mr Farag, Mr Djazaeri

Chase Farm Hospital, London  
HO General Surgery & Urology  
Mr Bolton, Mr Jaffe, Mr Kahn, Mr Copland

Feb 1998 - Aug 1998

Grimsby Hospital  
HO General Medicine  
Dr Jones, Dr Bain, Dr Moss

Aug 1997 - Feb 1998

## **Clinical & Procedural Skills**

### **Rhinology**

I am able to medically manage rhinological disease including granulomatous and infectious diseases and perform advanced endoscopic sinus procedures including sphenoid and frontal sinus operations, balloon sinuplasty, medial maxillectomy, sphenopalatine artery ligation, CSF leak repairs and oncological resection. I am also experienced in image guidance navigation systems. During my fellowship I have learnt endoscopic anterior skull base surgery. Experience has also been gained in emergency management of epistaxis and surgical drainage of periorbital abscess.

### **Facial Plastics**

My training has allowed exposure to almost 200 performed septorhinoplasty operations, both endonasal and external. I have also been involved in Facial nerve reanimation procedures, both static and dynamic, involving mid and upper face lifts, gold weight implants and blepharoplasty. I have also been involved in the management of skin malignancy with subsequent facial reconstruction utilizing a number of flaps and grafts.

### **Otology & Neurotology**

My middle ear training has involved exposure to cholesteatoma surgery, combined approach tympanoplasty, stapedectomy, ossicular reconstruction and mastoidectomy surgery. This was facilitated by cochlear implant exposure and also vestibular schwannoma surgery. I am proficient at tympanomastoid surgery and regularly undertake this. I have had good exposure in emergency management of subperiosteal abscess. I have also been exposed to specialist audiology and balance clinics.

### **Laryngology & Adult Airway**

Exposure to multi disciplinary voice and FEES clinics has enabled me to gain good experience in the management of voice and swallowing disorders. I have performed microlaryngoscopy and upper airway surgery, with particular emphasis on airway stenosis and management of laryngeal and airway trauma. I am certified for use of the laser in these procedures.

### **Head & Neck**

My benign exposure includes snoring surgery and the management of congenital neck, salivary gland and thyroid pathology. I am confident in performing parotid and thyroid surgery and exploring the neck under emergency conditions. I provided a tracheostomy service to our ITU. Oncologically I have performed major head and neck resections including laryngopharyngectomy and radical neck dissections with flap reconstructions. I am a regular attendee at Multidisciplinary team meetings.

### **Paediatrics**

Having had wide experience in general paediatrics I also spent time in an advanced unit, treating syndromic children with specialist ENT problems, congenital abnormalities, airway stenosis and cochlear implantation. I have had good exposure to both rigid and flexible paediatric endoscopies and also emergency bronchoscopy.

### **Emergencies**

During my training I have been exposed to the full range of ENT emergencies and feel confident to appropriately manage all either myself or by requesting super specialist help. I have performed all the standard emergency procedures including paediatric bronchoscopy, periorbital abscess drainage, neck and airway trauma, abscess management and the return to theatre of elective complications.

## **Academic**

I have been involved in academic pursuits throughout my career to date. Currently I am Senior Lecturer at James Cook University and previously Associate Lecturer at the University of Queensland, Australia.

As a medical student I utilised an optional year between pre-clinical and clinical studies to gain a Bachelor of Science with Honours in Psychology at University College London. This introduced me to an in depth understanding of a particular subject and also to reading the literature.

Between my basic and higher surgical training I undertook a Master of Science degree at Imperial College London. My project in conjunction with the Departments of Medical and Aeronautical Engineering studied the computational dynamics of airflow within the human nose using a series of computer aided modelling sequences.

This structured course also allowed me to gain further skills in critical appraisal of the literature, scientific essay writing and project collaboration.

Throughout my career I have been interested in research. I published, in Clinical Otolaryngology, a prospective randomized controlled trial, as first author, in the use of drains in thyroid surgery. This resulted in a change of practice in many units internationally offering this surgery, reducing patient hospital stays, discomfort and complications.

I have published widely in the well known ENT journals internationally, including Laryngoscope, Journal of Laryngology & Otology and also the American Journal of Plastic & Reconstructive Surgery.

My highest impact factor publication was in the British Medical Journal, which informed practitioners worldwide about tropical disease presenting in the nose.

I have presented my work both nationally and internationally and enjoy attending academic conferences and courses.

Currently I teach on courses hosted by the University of Queensland and also teach medical students.

In the future I would like to enjoy continuing to pursue scientific and academic research interests, presenting at conferences and also publishing internationally. This will further contribute to the advancement of our specialty through teaching, education and innovation.

My drive is to produce evidence based work which benefits the community and progresses the understanding and management of ENT related disease.

## **Outreach Work**

During my fellowship in Australia, I have had the opportunity to become involved with the Deadly Ears outreach programme which provides visiting medical services to the Aboriginal and Indigenous populations of Australia. This focusses on the hearing needs of children in remote and regional places.

This involves a small team travelling to a remote area for a week and setting up a theatre and clinics to treat children and adults with hearing difficulties.

I have found this work very interesting and rewarding. I plan to continue to assist in humanitarian and outreach community work in the future.

## **Publications**

1. A new technique for the management of inaccessible anterior glottic lesions.  
J Kanagalingam, R Hurley, **S Ahluwalia**, CB Croft, HR Grant, A Patel  
The Journal of Laryngology & Otology 2003 Apr;117(4):302-306 Acknowledged
2. Meningeal Melanocytoma, case report and review of the literature.  
**S Ahluwalia**, K Ashkan, ATH Casey  
British Journal of Neurosurgery Aug 2003;17(4):347-351
3. A new technique for management of Laryngeal Cleft Type 1.  
**S Ahluwalia**, D Pothier, J Phillpot, A Frosh  
The Journal of Laryngology & Otology 2004 Aug;118(8):648-650
4. Mucocutaneous Leishmaniasis an unusual imported infection from Travellers to South America  
**S Ahluwalia**, S Lawn, J Kanagalingam, HR Grant, D Lockwood  
British Medical Journal Oct 2004;329:842-844
5. Microsurgery of the Ear and Temporal Bone Course  
**S Ahluwalia**, D Pothier  
CME Bulletin Otolaryngology Head & Neck Surgery 2004;8(2):70
6. Waldeyer and his ring.  
**S Ahluwalia**, S Lewis  
CME Bulletin Otolaryngology Head & Neck Surgery 2004;8(2):69
7. Cricothyroid approximation and subluxation in 21 Male to Female Transexuals  
J Kanagalingam, C Georgalas, G Wood, **S Ahluwalia**, G Sandhu, A Cheesman  
Laryngoscope. 115(4):611-618, April 2005
8. Hospital at Night: Not for ENT?  
D Pothier, **S Ahluwalia**, P Monteiro  
Bulletin of the RCS of England 88(4) 134-136(3)April 2006
9. A randomised controlled trial of routine suction drainage after elective thyroid and parathyroid surgery with ultrasound evaluation of fluid collection.  
**S Ahluwalia**, SA Hannan, H Mehrzad, M Crofton, NS Tolley  
Clinical Otolaryngology 2007, 32, 28-31
10. Lateral photography of the nose, what is acceptable?  
**S Ahluwalia**, V Veer, GS Kenyon  
American Journal of Plastic & Reconstructive Surgery 2010 Nov;126(5):250e-2e

## **Publications**

11. A flexible option for organ preservation in head and neck surgery.  
P Stimpson, **S Ahluwalia**, F Vaz, P O'Flynn.  
Clinical Otolaryngology 2011 Feb;36(1):96-7
12. Functional and aesthetic management of pediatric nose after septal necrosis  
**S Ahluwalia**, C East.  
(2012), Abstracts of the 14th British Academic Conference in Otolaryngology Posters - Rhinology.  
Clinical Otolaryngology, 37: 192–212. doi: 10.1111/j.1749-4486.2012.02514.x
13. Improving nasendoscopy documentation – departmental practice and minimum dataset recommendation  
**S Ahluwalia**, R Heywood, I Rana, M Papesch.  
(2012), Abstracts of the 14th British Academic Conference in Otolaryngology Posters - Rhinology.  
Clinical Otolaryngology, 37: 192–212. doi: 10.1111/j.1749-4486.2012.02514.x
14. Is sino-nasal outcome test 22 (SNOT-22) an appropriate outcome measure for septorhinoplasty?  
A-L Poirrier, A Goodson, **S Ahluwalia**, M Bentley, P Andrews.  
(2012), Abstracts of the 14th British Academic Conference in Otolaryngology Posters - Rhinology.  
Clinical Otolaryngology, 37: 192–212. doi: 10.1111/j.1749-4486.2012.02514.x
15. Is the sino-nasal outcome test 22 a suitable evaluation for septorhinoplasty?  
A-L Poirrier, **S Ahluwalia**, A Goodson, M Ellis, M Bentley, P Andrews.  
Laryngoscope. 2012 Sep 18. doi: 10.1002/lary.23615
16. The CCT application process  
**S Ahluwalia**  
The Otorhinolaryngologist 2012; 5(3): 158–161
17. External Nasal Valve Collapse: Validation of novel Outcome Measurement Tool  
AL Poirrier, **S Ahluwalia**, IKwame, H Chau, M Bentley, P Andrews.  
Rhinology 2014 Jun 1;52(2):127-132
18. Who has been hiding in your tonsillectomy tray? Eponymous instruments in tonsillectomy surgery.  
Lamprell L, **Ahluwalia S**.  
J Laryngol Otol. 2015 Feb 6:1-7

## **Book Chapters**

1. Foreign bodies in the Ear, Nose and Throat  
**S Ahluwalia**, AA Narula  
Book Chapter for Surgery 2004;22:8:182-183
2. Body Language during the Interview Process  
**S Ahluwalia**  
Book chapter in Otolaryngology ST3 Interview Guide
3. Ossiculoplasty  
**S Ahluwalia**, AA Narula  
Book Chapter in ENT and Head and Neck Procedures: An Operative Guide  
Publication Date: January 30, 2014 | ISBN-10: 1840761962 | ISBN-13: 978-1840761962



## **Courses/Conferences - Invited Faculty Member/Speaker**

July 2015	World Laryngeal Cancer Congress, session co-chair Cairns, Australia
July 2012	Head & Neck Dissection course University of Queensland, Brisbane, Australia
July 2012	Is Sino-Nasal Outcome Test 22 (SNOT-22) an Appropriate Outcome Measure for Septorhinoplasty ? BACO, Glasgow
July 2012	Trainee question time, session co-chair BACO, Glasgow
Jun 2012	External Nasal Valve Collapse: Validation of novel Outcome Measurement Tool and Surgical Management algorithm European Rhinologic Society, Toulouse, France
May 2012	Rhinoplasty & Facial Plastic Surgery Royal National, Throat, Nose and Ear Hospital, London
Mar 2012	Foundations of ENT Royal College of Surgeons of England
Mar 2012	StR Interview Course St Mary's Hospital, London
Sept 2011	Fundamentals of ENT Royal College of Surgeons of England
May 2011	StR Interview Course St Mary's Hospital, London
Mar 2011	FRCS Revision Course Princess Grace Hospital, Farnborough
Aug 2009	Paediatric Tracheostomy Great Ormond Street Hospital, London
Jun 2008	DOHNS Revision Course Whipps Cross University Hospital, London
Feb 2006	Thyroid & Parathyroid Course Royal Free Hospital, London
Jul 2005	DOHNS Revision Course St Mary's Hospital, London
Jul 2004	DOHNS Revision Course St Mary's Hospital, London

## **Courses Attended**

### **Rhinology and Facial Plastics**

May 2011	Rhinoplasty & Facial Plastic Surgery, London
May 2011	Balloon Sinuplasty, Newcastle
Nov 2009	Advanced FESS, Charing Cross Hospital, London
May 2007	Rhinoplasty Dissection Course, St Barts, London
May 2007	FESS Dissection Course, St Barts, London
Jan 2006	Practical FESS, UCLH, London
Nov 2003	Local Flaps & Soft Tissues, St Mary's, London
Nov 2003	FESS Course, RCS England

### **Head & Neck**

Nov 2013	Global Controversies and Advances in Skin Cancer , Brisbane, Australia
Jul 2012	Head & Neck Dissection, Brisbane, Australia
Oct 2010	Thyroid Study Day, RCS England
Jun 2010	St Barts Head & Neck Dissection Course, London
Apr 2006	Head & Neck Dissection Course, London
Feb 2006	Thyroid & Parathyroid Surgery, London
May 2004	Thyroid Surgery, London

### **Otology**

Sep 2010	Temporal Bone Dissection Course, St Barts Hospital, London
Apr 2009	Otology & Neurotology, Whipps Cross UH, London
Jan 2007	Temporal Bone Dissection Course, London
Oct 2003	Temporal Bone Dissection, St Mary's Hospital, London

### **Paediatrics**

Mar 2009	British Association of Paediatric Otolaryngologists, Glasgow
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## **Management & Training**

Aug 2013	Supervisors and Trainers for SET course, Cairns, Australia
May 2011	Training and Assessment in Practice, London
Feb 2004	Management in the NHS, Royal Free, London
Feb 2004	Teaching the Teachers, Royal Free, London

## **Exam related**

Nov 2010	Bradford FRCS Course
Oct 2010	FRCS II Revision Course, Chase Farm Hospital, London
Oct 2010	RNTNE/Newcastle FRCS Revision Course
Oct 2010	Birmingham FRCS Revision Course
Jul 2010	FRCS I Revision Course, Chase Farm Hospital, London
Mar 2009	FRCS Revision Course, St Thomas' Hospital, London
Apr 2003	MRCS Revision Course, Lister Hospital, Edinburgh

## **Others**

Sep 2014	Coblation Course, Adelaide, Australia
Aug 2013	Clinical Decision Making Skills, Cairns, Australia
Mar 2011	ENT Endoscope Decontamination, RNTNE, London
Nov 2009	Laser Use in ENT - Head & Neck Surgery, RNTNE, London
Oct 2009	WHO Surgical Safety Checklist Training, UCLH, London
Apr 2006	Software for Research Course, Bristol University
Feb 2005	Molecular & Cell Biology, Hammersmith, London
Jul 1999	POPUMET, John Radcliffe Hospital, Oxford
May 1999	Basic Surgical Skills, Sussex PGC, Brighton
May 1999	Emergency ENT, RNTNE, London

## **Life support**

Sept 2009	Paediatric Advanced Life Support, GOS, London
Apr 2009	Paediatric Basic Life Support, GOS, London
Sep 2003	PALS Re certification, St Mary's Hospital, London
Mar 2003	Advanced Life Support Re certification, Lister Hospital, Stevenage
Jul 1999	Paediatric Advanced Life Support, Taunton Hospital, Somerset
Apr 1999	Advanced Trauma Life Support, Lister Hospital, Stevenage
May 1997	Advanced Life Support, UCLH, London

## **Meetings Attended**

### **International**

July 2015	World Laryngeal Cancer Congress, Cairns, Australia
July 2015	British Academic Conference Otolaryngology, Liverpool, England
Mar 2015	Australian Society of Otolaryngology, Head & Neck Surgery, Sydney, Australia
Oct 2014	Global Tracheostomy Collaborative, Melbourne, Australia
May 2014	Royal Society of Medicine, Section of Otolaryngology, Rhinology, Laryngology, London
Mar 2014	Australian Society of Otolaryngology, Head & Neck Surgery, Brisbane, Australia
Nov 2013	Global Controversies and Advances in Skin Cancer , Brisbane, Australia
Apr 2013	HPV and Head & Neck Cancer, Brisbane, Australia
Oct 2012	Australasian Head & Neck Meeting, Brisbane
Aug 2012	Treatment of Head & Neck Cancer with Targeted Agents, Brisbane
Apr 2010	BAHNO, London
Jan 2009	Allergy Summit, Berlin
May 2008	British Rhinological Society Meeting, Liverpool
Jul 2006	BACO, Liverpool
Oct 2004	Hepatobiliary & Pancreatic Surgery, Hammersmith, London
Sep 2004	American Academy ENT Annual Meeting, New York, USA

## **National**

Regular attendance at Royal Society of Medicine meetings, London

Oct 2011	Association of Surgeons in Training, London
Oct 2011	NAPDENT, London
Oct 2011	SAC Otolaryngology, London
Jun 2011	Association of Otolaryngologists in Training, Wales
Sep 2010	ENT-UK, Coventry
May 2008	ORL Travelling Club, St Bart's Hospital, London
Jan 2008	4th ENT Masterclass, Doncaster Royal Infirmary
Jan 2007	3rd ENT Masterclass, Doncaster Royal Infirmary
Oct 2006	Association of Otolaryngologists in Training, Bristol
Sep 2005	Association of Otolaryngologists in Training, London
Nov 2003	7th Annual ENT CME Meeting, London
Jan 2003	25 years of research : Dept Surgical Neurology, London

## **Regional**

I have attended the monthly regional training program from Oct 2005 to 2012.

Rhinoplasty forum meetings, St Mary's Hospital, London

Apr 2009	Allergy - respiratory perspective, Whipps Cross UH, London
Dec 2002	London Neurovascular Forum, NHNN, London
Nov 2002	British Skull Base Meeting, NHNN, London

## **Presentations**

### **International**

Mar 2014	Subtotal facial excision and reconstruction and reconstruction with vertical rectus abdominois myocutaneous flap Oral Presentation at ASOHNS, Brisbane
Mar 2014	Ethmoidal Schwannoma, an incidental finding Poster Presentation at ASOHNS, Brisbane
Mar 2014	Nasendoscopy findings - an audit of documentation Poster Presentation at ASOHNS, Brisbane
Jul 2012	Is Sino-Nasal Outcome Test 22 (SNOT-22) an Appropriate Outcome Measure for Septorhinoplasty ? Oral Presentation at BACO, Glasgow
Jul 2012	External Nasal Valve Collapse: Validation of novel Outcome Measurement Tool and Surgical Management algorithm Poster Presentation at BACO, Glasgow
Jul 2012	Improving nasendoscopy documentation – departmental practice and minimum dataset recommendation Poster Presentation at BACO, Glasgow
Jul 2012	Functional and aesthetic management of paediatric nose after septal necrosis Poster Presentation at BACO, Glasgow
Jul 2012	Surgical Management of Facial Scarring Poster Presentation at BACO, Glasgow
Jun 2012	External Nasal Valve Collapse: Validation of novel Outcome Measurement Tool and Surgical Management algorithm Oral Presentation at European Rhinologic Society, Toulouse, France
Apr 2010	Voice and Stomal pressure manometry Poster presentation at BAHNO, London
May 2008	The Frankfort Line Audit Oral Presentation at British Rhinological Society, Liverpool
Jul 2006	A prospective randomised clinical study of routine suction drainage after elective thyroid and parathyroid surgery Oral Presentation at BACO 2006
Jul 2006	Hospital at Night : Not for ENT? Poster Presentation at BACO 2006
Sep 2004	Mucocutaneous Leishmaniasis – an unusual imported infection by travellers to Central and South America Poster presentation at American Academy meeting New York

## **National**

Nov 2012	Chronic nasal congestion in a patient with Rheumatoid Arthritis Oral presentation at The 142nd Semon Club, Guy's Hospital, London
Mar 2012	The life of an ENT surgeon Oral presentation at Royal College of Surgeons of England
Sep 2011	The AOT Oral presentation at Royal College of Surgeons of England
May 2011	Body Language during the Registrar interview St Mary's Hospital, London
Sep 2010	Flexi CO2 Laser Poster Presentation at ENT-UK meeting, Coventry
Aug 2009	Paediatric Tracheostomy Oral presentation at Great Ormond Street Hospital
Jun 2006	Hospital at Night : Not for ENT? Oral Presentation at South West ENT Academic Meeting
Jun 2006	Communication or surgical skills: which do patients think are more important? Oral Presentation at South West ENT Academic Meeting
Feb 2006	Management of Hypoparathyroidism Oral Presentation at Thyroid and Parathyroid Course, Royal Free
Feb 2006	A prospective randomised clinical study of routine suction drainage after elective thyroid and parathyroid surgery Oral Presentation at RSM Short Papers Meeting
Jun 2004	Management of the Trauma Airway Oral Presentation at the National Anaesthetic Training Day



## **Regional**

July 2015	The Nose and Sinuses Head & Neck Nurse Education Day, Cairns, Australia
Apr 2011	Balloon Sinuplasty RNTNE, London
Mar 2010	Voice and Stomal Pressure Manometry Oral presentation at RNTNE, London
Nov 2009	Lateral Rhinoplasty Photography Oral presentation at the St Mary's Rhinoplasty Forum
May 2008	The Frankfort Line Audit Oral Presentation at The ORL Travelling Club, St Bart's Hospital, London
Oct 2006	The Ear Oral Presentation at City University, London
Oct 2004	Mucocutaneous Leishmaniasis Oral Presentation at N W Thames Regional audit meeting
May 2004	What is the evidence base for the treatment of pharyngeal pouch Oral Presentation at N W Thames Regional audit meeting
Mar 2004	What is the evidence base for the use of drains in thyroid surgery Oral Presentation at N W Thames Regional audit meeting
Jan 2004	St Mary's on the www Oral Presentation at N W Thames Regional audit meeting
Nov 2003	The role of ventilation tubes in atelectatic ears Oral Presentation at N W Thames regional audit meeting
Jan 2003	Low grade astrocytoma – timing of surgery Oral Presentation at regional Neurosurgical meeting

## **Quality Improvement Projects including Audit**

Mar 2014	Development of specific patient pathways for the management of common and emergency problems in ENT to streamline their progress through the hospital.
Dec 2013	Participated in the assessment and remodelling of the patient pathway through surgery at the Townsville Hospital
Feb 2012	Involved in the re-writing of the Otolaryngology curriculum and syllabus for all trainees and discussions with and presentations to committees at both the SAC and GMC for approval.
Dec 2010	Discharge medication in Septorhinoplasty surgery, resulting in a standardization across a group of Consultants performing this procedure.
May 2008	Head & Neck Nasendoscopy Documentation Audit - resulted in improved clinical documentation, presented at BACO 2012 and published in Clinical Otolaryngology
Nov 2007	Frankfort Line Audit – resulted in the improvement in quality of rhinoplasty photography, presented nationally at BRS and published internationally in JPRS
Nov 2005	An audit of indications for sinus CT scan requests – resulted in an improvement in local guidelines.
July 2005	Nasal surgery, post operative Nurse led telephone follow up - resulted in a reduction in patients requiring follow up appointments post surgery
Dec 2004	Thyroidectomy cases at St Mary's Hospital – resulted in a Level 1 research study, changing practice regionally, presented at BACO 2009 and the RSM and published internationally in Clinical Otolaryngology.
Jun 2002	Day-case tonsillectomy – A look at 20 cases to assess patient safety and satisfaction – resulted in the safe continuation of this service.
Aug 2000	Head & Neck cancer – An analysis of local workload – resulted in the continuation of the department's presence in the cancer network.
Jul 1999	Prescriptions in the A&E Department, Augmentin vs Amoxycillin Resulted in the definition of protocols for the prescription of each drug and also the recollection of prescription expenses which benefited the department by £30 000, presented at regional audit meeting

## **Web Sites Designed & Maintained**

Jan 2008	<a href="http://www.north-thames-ork.biz">www.north-thames-ork.biz</a>	S Ahluwalia, A Hannan, N Patel I was the editor in North Thames for the trainees' website for 3 years.
Feb 2006	<a href="http://www.thyroidcourse.co.uk">www.thyroidcourse.co.uk</a>	Archived S Ahluwalia An information resource for delegates preparing for the Thyroid and Parathyroid course at the Royal Free Hospital
Jan 2004	<a href="http://www.thyroidoperation.co.uk">www.thyroidoperation.co.uk</a>	Archived S Ahluwalia, D Pothier An information resource for patients attending the multidisciplinary thyroid clinic, describing thyroid illness, investigations and treatment.
Jan 2004	<a href="http://www.toynbeeclub.co.uk">www.toynbeeclub.co.uk</a>	S Ahluwalia, D Pothier, S Lewis An information resource for ENT surgeons to access Evidence Based Projects on hot topics within ENT

## **Positions of Responsibility**

Jan 2014	Responsible for Junior Doctors rota
Dec 2013	Medical School Interviewer at James Cook University.
Oct 2012	Chairman of Independent Practice Committee
Feb 2012	I have been involved in re-writing the new curriculum in Otolaryngology and presenting it to the General Medical Council.
Jun 2011	AOT President - I was the elected President of the Association of Otolaryngologists in Training. This involves representing every Otolaryngology trainee at all levels in the United Kingdom. I attend the Specialist Advisory Committee (SAC) and Training Programme Directors (NAPDENT) meetings at the Royal College of Surgeons of England.
2010 - 2012	STC-Rep - I was elected trainee representative for the Specialist Training Committee by my colleagues. This post is for tenure of 2 years and involves regular meetings at the London Deanery with the STC representatives, SAC and Professor Standfield.
2010 - 2011	Junior Rep RNTNE – I coordinated the juniors at the RNTNE, providing communications from both Consultants and management. There are monthly multi professional specialist board meetings aimed at clinical governance and improving quality of care delivered. I also participate in the weekly performance meetings, aiming to improve the standards of care against set targets by the trust.
2010 - 2012	Mess president RNTNE – Management and organisation of the mess fund.
2008 - 2011	North Thames website editor - I was responsible for the accurate and timely dissemination of information to all North and often South Thames trainees. I was also responsible for the effective running and updating of the North Thames trainee website.

Utilising my website and internet editing skills I provide details of upcoming courses and research meetings.

I sent information regarding regional training days, programmes and venues to all trainees and provide a link between Consultant trainers and Registrars.

## **Memberships of Learned Societies**

ENT UK	British Association of Otolaryngology Head & Neck Surgery
FPS UK	Facial Plastic Surgery UK
AOT	Association of Otolaryngologists in Training (President)
MIPS	Medical Protection Society
BMA	British Medical Association
AHPRA	Australian Health Practitioners Regulatory Authority
Marquis Who's Who	

## **Teaching**

Current: I am Senior Lecturer at James Cook University and have been faculty member on international courses and also teach medical students.

Recent: I have been Associate Lecturer at Queensland University and Griffith University. I have been invited to join the faculty of an established FRCS revision course to assist fellow colleagues in the attainment of the FRCS (ORL-HNS) and also have been a faculty member on ST3 interview course.

I was the lead registrar responsible for organising medical student teaching in Otolaryngology for University College London.

Previous: I was previously course director of the St Mary's DOHNS revision course, a four day course run for SHO's and SpRs in preparation for the examination.

I have taught on many GP study days to encourage community involvement and the DOHNS course run at Whipps Cross University Hospital, which attracts both basic surgical trainees and general practitioners.

I have given lectures to A&E doctors and prepared written protocols on the management of ENT emergencies.

I have been instrumental in the organisation of the Toynbee Club at St Mary's Hospital, London, a forum for teaching, presenting and open discussion of issues in Otolaryngology. This weekly educational meeting mainly focuses on evidence based ENT.

I have also attended a Teaching and Training course run at the Royal Free Hospital.

My internet skills in writing, publishing and maintaining websites for patients has enabled knowledge transfer to the community and for ENT surgeons, for dissemination of information to the wider domain.

## **Activities and Interests**

I enjoy playing sport, having been a member of UCLMS Football Club and currently regularly use a gymnasium, run, swim and play football.

I am a PADI certified advanced and rescue scuba diver and have enjoyed diving trips to the Caribbean, Belize, Costa Rica, Maldives, Thailand, Red Sea, Australia and the East Pacific, specializing in deep dives, night diving, Nitrox and navigation.

Also I'm a keen skier and enjoy surfing and wakeboarding, having a boat skippers' licence.

Recently I have enjoyed flying Robinson helicopters and Cessna aeroplanes.

I am computer literate and enjoy information technology from designing websites to surfing the net.

Whilst at university I was involved with amateur theatre productions and performed in several productions in a West End theatre.

I enjoy chess, playing 1<sup>st</sup> board for a winning Lincolnshire County Chess team.

I have also been involved with university rag events and charity fund-raising.

